



THE CENTER FOR THE HEALING OF RACISM

To serve as a catalyst for the healing of racism through the education and empowerment of individuals.

Dialogue: Racism

"[People] hate each other because they fear each other, and they fear each other because they don't know each other, and they don't know each other because they are often separated from each other."

—Dr. Martin Luther King

Dialogue:Racism provides a safe, respectful and loving atmosphere for individuals to learn new information, share their experiences, and ask questions to dispel the fears, to get to know one another, and to stop the separation.

Spring Session (Eight Weeks)

2025 West 11th Street
HOUSTON METROPOLITAN COMMUNITY CHURCH (MCC)
On every Monday from March 24

TOPICS FEATURED OVER THE TWO DAYS:

- . **Defining Various Types of Racism:** To heal it, we must understand its many faces. The film, *The Way Home* is a fountain of healing truths that dares to speak the unspeakable about racism in the United States.
- . **How Racism is Perpetuated:** We learn about how childhood experiences, misinformation and segregation perpetuate racism generation after generation.
- . **Unaware Racism and White Privilege:** We confront the ways in which people of good will act out their racial conditioning and we learn about the history of white privilege in the United States.
- . **Stereotypes and how they affect us:** We define stereotypes and then present *Ethnic Notions*, a film that shows the deep-rooted stereotypes and dehumanizing caricatures that have fueled anti-Black prejudice.
- . **Cultural Racism:** We define culture and then present *Healing the Hurts*, a film that depicts the effects of residential schools on the indigenous people of this land.
- . **Internalized Racism:** We look at what happens when the anger, hurt and frustration turn inward on people of color. *The Way Home* explores the subtle, rarely acknowledged roots of self-hatred.
- . **Institutionalized Racism:** We examine with the help of *Race: the Power of an Illusion* how racism infects the systems that structure our lives: media, justice, education, health care, and economy.
- . **Race is a Human Invention:** *Race: The Power of an Illusion* asks the questions: "if race is a biological 'myth,' where did the idea come from? How do our institutions give race social meaning and power?"
- . **My Next Steps, Finding Allies.** In order to do the work of healing racism, we need allies and we need to serve our fellows as allies.

*The sessions are free and open to the public; registration is required by calling the Center's office at 713-520-8226 and leaving the name(s) and phone numbers of person(s) attending.

<http://www.centerhealingracism.org/>

**Houston Community College System seeks to provide equal educational opportunities without regard to race, color, religion, national origin, sex, age, or disability.

The Center is not affiliated with the host organization.